



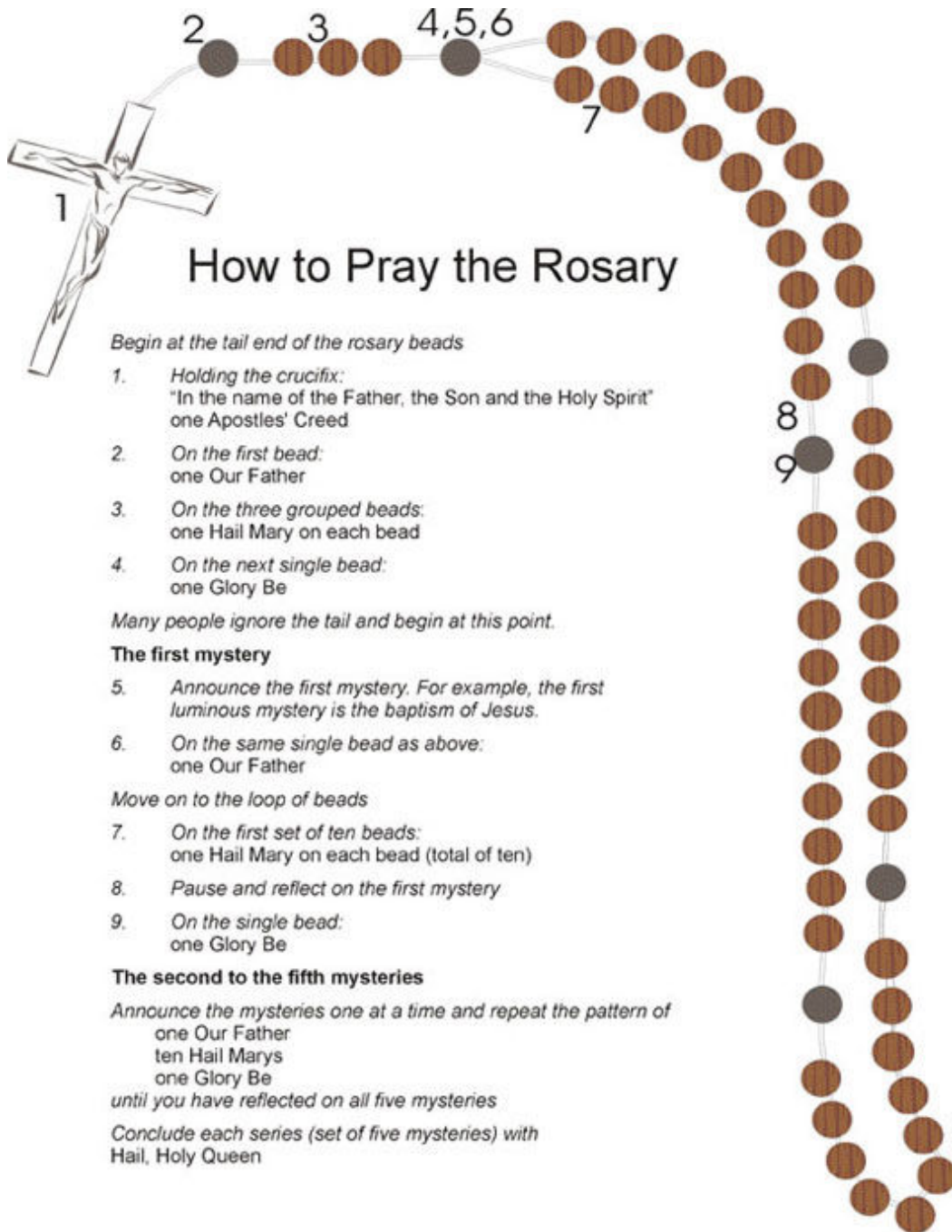
St. James'

ANGLICAN CHURCH



Praying the Rosary

Resources to Encourage & Equip | 2013



How to Pray the Rosary

Begin at the tail end of the rosary beads

1. *Holding the crucifix:*
"In the name of the Father, the Son and the Holy Spirit"
one Apostles' Creed
2. *On the first bead:*
one Our Father
3. *On the three grouped beads:*
one Hail Mary on each bead
4. *On the next single bead:*
one Glory Be

Many people ignore the tail and begin at this point.

The first mystery

5. *Announce the first mystery. For example, the first luminous mystery is the baptism of Jesus.*
6. *On the same single bead as above:*
one Our Father

Move on to the loop of beads

7. *On the first set of ten beads:*
one Hail Mary on each bead (total of ten)
8. *Pause and reflect on the first mystery*
9. *On the single bead:*
one Glory Be

The second to the fifth mysteries

Announce the mysteries one at a time and repeat the pattern of
one Our Father
ten Hail Marys
one Glory Be

until you have reflected on all five mysteries

Conclude each series (set of five mysteries) with
Hail, Holy Queen

The Rosary

The rosary is a devotion for all the children of God, young or old, learned or unlearned, in sickness or in health. To use it one must be able to picture the mysteries of our Lord's life, and know the prayers which follow.

PREPARATION

Start by making the sign of the Cross.

All **+ In the name of the Father, and of the Son and of the Holy Spirit.
Amen.**

On the cross at the end of the beads, say the Apostles' Creed as an act of faith.

APOSTLE'S CREED

All **I believe in God, the Father Almighty,
Creator of Heaven and earth; and in Jesus Christ,
His only Son Our Lord, Who was conceived by the Holy Spirit,
born of the Virgin Mary, suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended into Hell; the third day He rose again from the dead;
He ascended into Heaven, and sitteth at the right hand of God,
the Father almighty;
from thence He shall come to judge the living and the dead.
I believe in the Holy Spirit, the holy Catholic Church,
the communion of saints, the forgiveness of sins,
+ the resurrection of the body and life everlasting. Amen.**

On the first large bead say the Lord's Prayer, thinking of the intention with which you are going to say the rosary.

THE LORD'S PRAYER

Kneel

Leader Our Father who art in heaven, Hallowed be thy Name,
Thy kingdom come, Thy will be done, on earth as it is in heaven.

All **Give us this day our daily bread; And forgive us our trespasses, As we forgive them
that trespass against us; And lead us not into temptation, But deliver us from evil.
For thine is the kingdom, the power, and the glory,
For ever and ever. Amen.**

*On each of the three small beads say a Hail Mary asking our Lady by her intercession that
we may be:*

- 1. given the increase of faith*
 - 2. given the increase of hope*
 - 3. given the increase of charity*
- which are the true conditions of all real prayer.*

Leader Hail Mary, full of grace, the Lord is with Thee,

Blessed are thou amongst women and Blessed is the fruit of thy womb, Jesus.

All **Holy Mary, Mother of God, pray for us sinners now, and at the hour of our death,
Amen.**

*On the chain, say the Gloria Patri as an Act of Thanksgiving to the Blessed Trinity for the
gift of Mary through whom we have been found worthy to receive the author of life.*

Leader Glory be to the Father, and to the Son and to the Holy Ghost,

All **as it was in the beginning, in now and ever shall be, world without end. Amen.**

THE FIVE DECADES

*On each large bead is said the Lord's Prayer,
on each small bead the Hail Mary (meditating on the mystery)
and on the chain after each decade of ten small beads, the Gloria Patri.*

THE FIRST JOYFUL MYSTERY: THE ANNUNCIATION

Our Father...

- 1) "The Angel Gabriel was sent from God to a Virgin named Mary."
- **Hail Mary...** (Luke 1:26)
2. "He said: 'Hail, thou that art highly favoured, the Lord is with thee.'"
- **Hail Mary...** (Luke 1:28)
3. "Mary was deeply disturbed and asked herself what this greeting could mean."
- **Hail Mary...** (Luke 1:29)
4. "The Angel said: 'Do not be afraid, Mary, for you have found favor with God.'"
- **Hail Mary...** (Luke 1:30)
5. "You shall conceive in your womb and bear a Son, and you shall call His name Jesus."
- **Hail Mary...** (Luke 1:31)
6. "But Mary asked: 'How can this be, since I know not a man?'"
- **Hail Mary...** (Luke 1:34)
7. "The angel replied: 'The Holy Spirit will come upon you and the power of the Most High will overshadow you.'"
- **Hail Mary...** (Luke 1:35)
8. "Therefore the child to be born will be called Holy, The Son of God."
- **Hail Mary...** (Luke 1:35)
9. "Your cousin Elizabeth in her old age has also conceived a son and is now in her sixth month, for with God nothing is impossible."
- **Hail Mary...** (Luke 1:36-37)
10. "Behold the handmaid of the Lord, be it done unto me according to thy word."
- **Hail Mary...** (Luke 1:38)

Glory be to the Father...

(Fatima Prayer, said by all)

All

My Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven, especially those who are most in need of thy mercy.

THE SECOND JOYFUL MYSTERY: THE VISITATION

Our Father...

1. "Mary went in haste to a town in the hill country of Juda."
- **Hail Mary...** (Luke 1:39)
2. "She entered the house of Zechariah and greeted Elizabeth."
- **Hail Mary...** (Luke 1:40)
3. "Elizabeth heard her greeting and said: '...Blessed art thou among women and blessed is the fruit of thy womb.'
- **Hail Mary...** (Luke 1:42)
4. "Why is this granted to me, that the Mother of my Lord should come to me?"
- **Hail Mary...** (Luke 1:43)
5. "At the sound of your greeting the child in my womb leapt for joy.'
- **Hail Mary...** (Luke 1:44)
6. "Blessed is she who has believed that the promise of the Lord would be fulfilled."
- **Hail Mary...** (Luke 1:45)
7. "Mary said: 'My soul magnifies the Lord and my spirit rejoices in God, my Saviour.'
- **Hail Mary... ..** (Luke 1:46-47)
8. "He has regarded the low estate of His handmaiden, for behold, henceforth all generations will call be blessed."
- **Hail Mary...** (Luke 1:48)

9. For he that is mighty hath done great things to me and holy is His name.”
- **Hail Mary...** (Luke 1:49)

10. “And his mercy is from generation unto generation for them that fear Him.”
- **Hail Mary...** (Luke 1:50)

Glory be...

All

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THE THIRD JOYFUL MYSTERY: THE NATIVITY OF CHRIST

Our Father...

1. “A decree went out from Caesar Augustus that all the world should be enrolled.”
- **Hail Mary...** (Luke 2:1)

2. “Joseph, because he was of the house of David, went with Mary to Bethlehem in Judea.”
- **Hail Mary...** (Luke 2:1)

3. “And while she was there the time came for her to be delivered.”
- **Hail Mary...** (Luke 2:4)

4. “She gave birth to her Son, wrapped Him in swaddling bands and laid Him in a manger because there was no place for them at the inn.”
- **Hail Mary...** (Luke 2:7)

5. “And the word was made flesh, and dwelt among us.”
- **Hail Mary...** (John 1:14)

6. “An angel of the Lord appeared to shepherds keeping watch at night over flocks.”
- **Hail Mary...** (Luke 2:8-9)

7. "Do not be afraid, for behold, I bring you good news.
- **Hail Mary...** (Luke 2:10)
8. "For to you is born this day in the city of David, a Saviour, which is Christ the Lord."
- **Hail Mary...** (Luke 2:11)
9. "And suddenly there was with the angel a multitude of the heavenly host praising God."
- **Hail Mary...** (Luke 2:13)
10. "Glory to God in the highest, and on Earth peace to men of goodwill."
- **Hail Mary...** (Luke 2:14)

Glory be...

All

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THE FOURTH SORROWFUL MYSTERY: JESUS CARRIES THE CROSS

Our Father...

1. "When the time came for their purification according to the Law of Moses, they brought Jesus to Jerusalem to present Him to the Lord."
- **Hail Mary...** (Luke 2:22)
2. "It had been revealed to Simeon that he should not see death until he had seen the Lord's Christ."
- **Hail Mary...** (Luke 2:26)
3. "When Jesus was brought, he took Him in his arms and blessed God."
- **Hail Mary...** (Luke 2:27-28)
4. "Lord, now let your servant depart in peace, according to your word."
- **Hail Mary...** (Luke 2:29)

5. "For mine eyes have seen the salvation which you have prepared for all the nations to see."
- **Hail Mary...** (Luke 2:30-31)
6. "A light to enlighten the Gentiles and for glory to Israel, your people."
- **Hail Mary...** (Luke 2:32)
7. "Behold, this child is set for the fall and resurrection of many in Israel."
- **Hail Mary...** (Luke 2:34)
8. "And for a sign of contradiction."
- **Hail Mary...** (Luke 2:34)
9. "And a sword shall pierce your own soul also."
- **Hail Mary...** (Luke 2:35)
10. "that the thoughts of many hearts may be laid bare."
- **Hail Mary...** (Luke 2:35)

Glory be...

All

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THE FIFTH JOYFUL MYSTERY: THE FINDING OF THE CHILD JESUS IN THE TEMPLE

Our Father...

1. "When Jesus was twelve years old, they went up to Jerusalem as usual for the Pasch."
- **Hail Mary...** (Luke 2:42)
2. "When they were returning the boy Jesus remained in Jerusalem, unknown to his parents."
- **Hail Mary...** (Luke 2:43)
3. "Supposing Him to be in the company they went a day's journey and then sought Him among their kinsfolk."
- **Hail Mary...** (Luke 2:43)

4. "When they did not find Him, they returned to Jerusalem"
- **Hail Mary...** (Luke 2:45)
5. "After three days they found Him in the Temple, sitting among the doctors,
listening to them and asking them questions."
- **Hail Mary...** (Luke 2:46)
6. "All were amazed at his understanding and his answers."
- **Hail Mary...** (Luke 2:47)
7. "Son, why have you treated us so? Behold, your father and I have sought Thee,
sorrowing.
- **Hail Mary...** (Luke 2:48)
8. "But He said to them: 'Did you not know that I must be about my Father's
business?'"
- **Hail Mary...** (Luke 2:49)
9. "And they did not understand these words he spoke to them."
- **Hail Mary...** (Luke 2:50)
10. "He returned to Nazareth and was subject to them. And Jesus advanced in wisdom,
age and grace before God and man."
- **Hail Mary...** (Luke 2:51-52)

Glory be...

All

**My Jesus, forgive us our sins. Save us from the fires of hell. Lead all souls to Heaven,
especially those who are most in need of thy mercy.**

CONCLUSION

It is usual to add these prayers after the recitation of the rosary.

All

**Hail, Holy Queen, mother of mercy;
hail our life, our sweetness and our hope,
to thee do we cry, poor banished children of Eve;
to thee do we send up our sighs,
mourning and weeping in this vale of tears.
Turn then, most gracious advocate, thine eyes of mercy towards us;
and after this our exile,
show unto us the Blessed fruit of thy womb, Jesus.
O clement, O loving, O sweet virgin Mary.**

Leader

Pray for us, O Holy Mother of God.
That we may be made worthy of the promises of Christ.

Leader

Let us pray.
O God, who by the birth, life, death and resurrection of thy son, hast given to us the reward of eternal life, grant that as we meditate upon these mysteries, in the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise through the same, thy son, Jesus Christ, our Lord, who liveth and reigneth with thee and the Holy Ghost, one God, forever and ever. **Amen.**

Remember, O most loving Virgin Mary, that never was it known that any who fled to thee for thy protection, implored thy help, and sought thine intercession, was left unaided. Encouraged by this assurance, I fly unto thee, O Virgin of Virgins, my mother, to thee I come, before thee, I present myself, sinful and sorrowful.

O mother of the Incarnate Word, despise not my petitions, but in thy mercy, hear and answer them.

Amen.

Most Sacred Heart of Jesus, have mercy upon us.

Most Sacred Heart of Jesus, have mercy upon us.

Most Sacred Heart of Jesus, have mercy upon us.

*Please take this booklet away with you ,
to aid in your own reflection and prayers.*

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