

# Liturgy at Home

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## St. James' Anglican Church



The Body & Blood of Christ – Sunday, June 14, 2020



# Welcome

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We acknowledge our presence on the traditional, ancestral, and unceded territory of the Coast Salish Peoples.

Welcome to this St. James' "Liturgy for use at home," which we hope to publish each week during this time of crisis. Although we are unable to meet together for public worship, it is essential that the Church's life of prayer and intercession continues. Those who live close to St. James' may hear the Angelus ring from the tower: this is an audible sign that the Church is praying for the parish, the DTES, the medical services, and for a swift resolution to this pandemic.

Regulations prohibit public worship with a congregation, but the Mass will continue to be offered, at least every Sunday, even though the doors are locked. The Daily Office will be said at the regular times, sometimes at home, sometimes in the (sadly) locked Church.

You are invited either to share in this Liturgy at 10:30 am on Sunday, via Zoom, or to use this as an aid to your prayers at home, drawing strength, we hope, from the knowledge that fellow-parishioners will be praying alongside you.

The Parish Intercession Lists, which are being kept up to date, are being prayed at the Daily Office. Please make any requests to the Parish Office, [office@stjames.bc.ca](mailto:office@stjames.bc.ca), 604-685-2532.

## A PRAYER AT THIS TIME OF COVID-19

God of light  
and God of mercy,  
give us the faith to see you  
in the grey dimness  
of this time.

Give us the heart to hear,  
in the silence of the sick,  
the call to care for those in pain.

Give us the courage to find you  
where you do not now appear to be.

Give us the trust it takes  
to make our way through this uncertainty,  
this fear, this seemingly irredeemable  
sense of limitless loss  
to the recognition of the relentless hope  
that each seasonal cycle of life confirms in us.

You who made all things  
for our good and our growth,  
show us, too, now  
the power of darkness  
so that we may see newly—  
beyond the ephemeral—  
to what are really  
the gloriously important things  
in life.

*This was written by Sr. Joan Chittester: OSB; Author; Interfaith Lecturer at Chautauqua Institution, N.Y.*

## **VISION STATEMENT**

Discovering the beauty of holiness in our lives and neighbourhood, by living a Christ-centred sacramental life rooted in the Anglo-Catholic tradition.

## **MISSION OBJECTIVES**

- To be a beacon for all as a neighbourhood and destination church where we invite and welcome friends, family, and strangers into our midst;
- To deepen our life of prayer and formation in Christ;
- To develop relationships and fellowship in open, honest, and spiritual ways among parishioners, with our neighbours, and those in need;
- To pursue and practice justice and mercy for the imparting of the Kingdom of God within and beyond the Parish;
- To strive to maintain financial equilibrium, develop our reserves, and optimize the use of our assets to ensure the preservation of our sacred space and ministry from generation to generation, to the everlasting glory of God.

# A Reflection

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Maundy Thursday, all the world is still  
The planes wait, grounded by departure gates  
The street is empty and the shopping mall  
Deserted. Padlocked, the playground waits  
Against the day that children play again  
Till then our sad refrain is just refrain

Maundy Thursday, all the world is still  
And Jesus is at supper with his friends  
No longer in the upper room, that hall  
In Zion where the story starts and ends,  
For he descended from it long ago  
To find his new friends in the here and now

Maundy Thursday, all the world is still  
And Jesus is at supper with his friends  
Our doors are locked for fear, but he has skill  
In breaking barriers. With ease he bends  
Our prison bars, slips past the sentry post  
And joins us as the guest who is our host.

Maundy Thursday, all the world is still  
But in cramped quarters on the fifteenth floor,  
In lonely towers made of glass and steel,  
And in the fierce favelas of the poor,  
Touching with wounded hands the wounds he tends  
Christ Jesus is at supper with his friends.

*Malcolm Guite, the Cambridge, England, priest and poet, and our preacher last St. James' Day, wrote this during the night of Maundy Thursday/Good Friday 2020, with the UK, Canada, and much of the world, in lockdown in the face of Covid-19.*

# Zoom Worship

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For all of us, sharing in Liturgy at Home via Zoom is a new and evolving experience. We are all on a learning curve! The technology enables us, I think, to create a sense of community as together we offer our worship to God. It also has challenges and limitations.

One such challenge is that everyone's internet runs at a different speed: this means that if we try to say or sing something together with all the microphones switched on, the result is not edifying unison but a cacophony. For this reason we ask everyone to keep microphones on mute, unless one is reading. Please feel free to make the responses aloud at home, but not "on the air." Designated person(s) will make the responses on everyone's behalf.

We are exploring how we may include more music, but we have not yet discovered an effective way. We are grateful to Gerald for his commentary and links to music being circulated with *The Thurible* and on the website.

We long for the day when we shall be able to meet together for Mass in church. In the meantime we offer this Liturgy at Home in union with the clergy offering the Sunday Mass in St. James', on behalf of the parish, the DTES, and for deliverance from this pandemic.

Fr. Kevin is grateful to all who are making this Liturgy at Home possible, and for the encouraging response and helpful feedback.

# Opening Rite

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## INVOCATION

+In the name of the Father, and of the Son, and of the Holy Spirit.  
**Amen.**

## HYMN VERSE

Deck yourself, my soul, with gladness;  
leave the gloomy haunts of sadness.  
Come into the daylight's splendour,  
there with joy your praises render  
to the Lord whose grace unbounded  
has this royal banquet founded:  
though all other powers excelling,  
with my soul he makes his dwelling.

## PRAYERS OF PENITENCE

God the Father forgives us in Christ and heals us by the Holy Spirit.  
Let us therefore put away all anger and bitterness,  
all slander and malice,  
and confess our sins to God our redeemer.

Like as the hart longs for flowing streams,  
so longs my soul for you, O God:  
Lord, have mercy.  
**Lord, have mercy.**

O send out your light and your truth,  
that they may lead me:  
Christ, have mercy.  
**Christ, have mercy.**

May we come to your altar, O God,  
the God of our salvation:

Lord, have mercy.

**Lord, have mercy.**

May almighty God have mercy on us,  
forgive us our sins, and keep us in eternal life  
in Jesus Christ our Lord.

**Amen.**

### **GLORIA IN EXCELSIS**

Glory be to God on high,  
and on earth peace, good will towards men.  
We praise thee, we bless thee,  
we worship thee,  
we glorify thee,  
we give thanks to thee for thy great glory,  
O Lord God, heavenly King, God the Father Almighty.  
O Lord, the only-begotten Son, Jesus Christ;  
O Lord God, Lamb of God, Son of the Father,  
that takest away the sin of the world,  
have mercy upon us.  
Thou that takest away the sin of the world,  
receive our prayer.  
Thou that sittest at the right hand of God the Father,  
have mercy upon us.  
For thou only art holy;  
thou only art the Lord;  
thou only, O Christ,  
with the Holy Ghost,  
+art most high in the glory of God the Father.

**Amen.**



## COLLECT OF THE DAY

Let us pray.

O God,

thy Son Jesus Christ

hath left us the meal of bread and wine

in which we share his body and his blood.

When we celebrate this sign of his great love

may we show in our lives the fruits of his redemption;

through Jesus Christ our Lord,

who liveth and reigneth with thee and the Holy Spirit,

one God, now and for ever.

**Amen.**

# The Liturgy of the Word

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## FIRST READING

A reading from the Book of Deuteronomy.

Remember the long way that the Lord your God has led you these forty years in the wilderness, in order to humble you, testing you to know what was in your heart, whether or not you would keep his commandments. He humbled you by letting you hunger, then by feeding you with manna, with which neither you nor your ancestors were acquainted, in order to make you understand that one does not live by bread alone, but by every word that comes from the mouth of the Lord. Then do not exalt yourself, forgetting the Lord your God, who brought you out of the land of Egypt, out of the house of slavery, who led you through the great and terrible wilderness, an arid wasteland with poisonous snakes and scorpions. He made water flow for you from flint rock and fed you in the wilderness with manna that your ancestors did not know, to humble you and to test you, and in the end to do you good.

*Deuteronomy 8:2-3, 14-16*

The word of the Lord.

**Thanks be to God.**

## PSALM

But the Lord has pleasure in those who fear him,  
in those who await his gracious favour.  
Worship the Lord, O Jerusalem; praise your God, O Zion;  
For he has strengthened the bars of your gates;  
he has blessed your children within you.  
He has established peace on your borders;  
he satisfies you with the finest wheat.  
He sends forth his word and melts them;  
he blows with his wind, and the waters flow.  
He declares his word to Jacob,  
his statutes and his judgements to Israel.

*Psalm 147:12-15, 19-20*

## SECOND READING

A reading from the First Letter of Paul to the Corinthians.

The cup of blessing that we bless, is it not a sharing in the blood of Christ? The bread that we break, is it not a sharing in the body of Christ? Because there is one bread, we who are many are one body, for we all partake of the one bread.

*1 Corinthians 10:16-17*

The word of the Lord.

**Thanks be to God.**

## ALLELUIA

Alleluia.

My flesh is meat indeed, and my blood is drink indeed: he that eateth my flesh and drinketh my blood, dwelleth in me and I in him.

Alleluia.

## THE GOSPEL READING

The Holy Gospel of Our Lord Jesus Christ according to John.

**Glory be to thee, O Lord.**

Jesus said "I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever."

*John 6:51-58*

The Gospel of Christ.

**Praise be to thee, O Christ.**

## HOMILY

Fr. Kevin Hunt

## AFFIRMATION OF FAITH

Let us declare our faith in God.

We believe in God the Father,  
**from whom every family  
in heaven and on earth is named.**

We believe in God the Son,  
**who lives in our hearts through faith,  
and fills us with his love.**

We believe in God the Holy Spirit,  
**who strengthens us  
with power from on high.**

We believe in one God;  
**Father, Son and Holy Spirit.  
Amen.**

### **PRAYERS OF THE PEOPLE**

*Celebrant:*

Lord, listen to the prayers of your people,  
as we long to gather round your table.

*Intercessor:*

Here, as we recall how Christ gives us his body  
to be our spiritual food,  
listen as we pray for his body the Church,  
spread throughout the world;  
for Melissa, our Archbishop, and for the mission and witness of our diocese;  
for Archbishop Mark and for the Elders in our communities;  
and for Bishop Brent and our partner diocese of Northern Philippines.

In faith we pray:

**we pray to you our God.**

Here, as we recognize the presence of Christ,  
who takes away the sin of the world,  
listen as we pray for that world  
and for its peoples for whom his blood was shed;  
for an end to racial hatred, warfare and pandemic.

In faith we pray:

**we pray to you our God.**

Here, as we long to come together as Christ gathered with his friends  
to share his meal of holy fellowship,  
listen as we pray for all whom you have given us,  
our friends and all whose lives are joined with ours;  
for those who live on the streets of our cities, and especially in the Downtown  
Eastside.

In faith we pray:

**we pray to you our God.**

Here, as we remember the night of Christ's agony and trial,  
listen as we pray for all who share his sufferings  
through fear or pain or distress of many kinds;  
for victims of fire, flood and famine,  
for the lonely and the unloved;  
for the sick at home and in hospital:  
for all those suffering from Covid-19, and for Debbie, Paul Jenson, Lynann Burton,  
Dylan, Lyndsay, Andrew, Ivy Stewart, Judy Lambert, Helen, Sarah Kavanaugh, Beryl,  
Daniel, Panagiota Graffos, Danny Monteiro, Elizabeth & Bob, Eric Bristow, Norman,  
and Jim Turner

In faith we pray:

**we pray to you our God.**

Here, as we join our praises with the whole company of heaven,  
listen as we pray for all who have trusted Christ's promise  
to raise up on the last day those who eat his flesh and  
drink his blood.

We pray for all who have died recently: for all victims of Covid-19;  
and for Maria Georgas, John Wilson, and Gwen Lamacraft;  
and for those whose anniversaries occur at this time:  
James Allan, George & Lillian Tickell, Elsie Carr, Joan Grant, Joyce Newell, Winston  
Sandiford, and Dan Northcott.

+Rest eternal grant unto them O Lord.

**And may light perpetual shine upon them.**

May they rest in peace.

**Amen.**

*Celebrant:*

Lord, satisfy our hunger with the food that lasts,  
the bread of God which comes down from heaven  
and gives life to the world,

Jesus Christ your Son our Lord.

**Amen.**

# Spiritual Communion

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## THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name,  
thy kingdom come, thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation, but deliver us from evil.  
For thine is the kingdom, the power, and the glory,  
for ever and ever.  
**Amen.**

## AGNUS DEI

O Lamb of God, that takest away the sins of the world: have mercy upon us.  
O Lamb of God, that takest away the sins of the world: have mercy upon us.  
O Lamb of God, that takest away the sins of the world: grant us thy peace.

## SPIRITUAL COMMUNION

*As we are unable to receive the Blessed Sacrament at this time,  
meditate quietly for a moment on these words of Jesus from St. John 6:*

"I am the Bread of Life. Whoever comes to me will never be hungry, whoever believes in me will never thirst."

*Then, in union with the Body of Christ in every time and place, pray:*

O come to my heart, Lord Jesus. There is room in my heart for thee.

# Concluding Rite

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## **PRAYER AFTER COMMUNION**

Let us pray.  
God of peace,  
thou dost long to nourish us in the sacrament  
of the body and blood of Christ.  
May we be faithful in our hearts and lives.  
in the name of Jesus Christ the Lord.  
**Amen.**

## **THE GRACE**

May Christ who nourishes us with himself, the Living Bread,  
make us one in faith and love, and raise us up at the last day.  
**Amen.**

May the grace of Our Lord Jesus Christ, +and the love of God, and the fellowship of  
the Holy Spirit, be with us all evermore.  
**Amen.**

## **DISMISSAL**

Let us bless the Lord.  
**Thanks be to God.**



## **AVE REGINA CAELORUM**

Hail, Queen of Heaven, beyond compare,  
to whom the angels homage pay.  
Hail, Root of Jesse, Gate of Light,  
which opened for the world's new day.

Rejoice, O Virgin unsurpassed,  
in whom our ransom was begun.  
For all your loving children pray,  
to Christ our Saviour and your Son.

# Notices

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## **RE-OPENING FOR PUBLIC WORSHIP**

The Archbishop has given permission for St. James' to reopen for public worship on Sunday June 21: on Sundays there will be a 9:00 am said service in St. James', with the Zoom Liturgy at Home at 10:30 am. Please see Fr. Kevin's letter, and the website, for more details and protocol.

## **ABORIGINAL PRAYER SUNDAY**

Next Sunday will be Aboriginal Prayer Sunday, when we shall celebrate our First Nations, and continue together to pray and work for Reconciliation in Canada. As Christians it is our bounden duty to proclaim and demonstrate that to God and to each other *all lives matter*.

## **NOTICE ABOUT THE ZOOM APP UPDATE**

Please update all of your Zoom applications to version 5.0 or higher. After May 30, 2020, all Zoom applications on older versions will receive a forced upgrade when trying to join meetings as GCM Encryption will be fully enabled across the Zoom platform. Learn more on how to update your Zoom application [here](#).

## **GIVING**

Although we are not meeting as a congregation, the ongoing running costs of St. James', some \$1800 per day, continue. If usually you give in the Weekly Offering Envelopes, please consider using the credit card Donate option on the [HOME](#) page or go to the [GIVING](#) page of the St. James' website: [www.stjames.bc.ca](http://www.stjames.bc.ca) Alternatively, if you do not already give by PAD (Pre-Authorised Donation) and are able to do so, please email the Parish Office for a form. More information is available on the Diocese of New Westminster [here](#).

## **ERRATUM**

The poem "Unless the eye catch fire," chosen for Reflection on Pentecost, was attributed incorrectly to the English poet William Blake. It turns out that the author is Anon. Nonetheless, it is worth the read. Fr Kevin's apologies.

<b>DATE</b>	<b>DAILY MASS</b>	<b>MORNING PRAYER 9:00 AM</b>	<b>EVENING PRAYER 5:00 PM</b>
MON. JUNE 15 Feria	1 Kgs 21:1-16 Ps 5:1-6 Mt 5:38-42	Ps 80 Num 9:15-23, 10:29-36 Rom 1:1-15	Ps 77 1 Sam 1:1-20 Mt 17:14-21
TUES. JUNE 16 Joseph Butler, Bishop of Durham, Philosopher, 1752	1 Kgs 21:17-29 Ps 51:1-11 Mt 5:43-48	Ps 78:1-39 Num 11:1-23 Rom 1:16-25	Ps 78:40-72 1 Sam 1:21 – 2:11 Mt 17:22-27
WED. JUNE 17 Feria	2 Kgs 2:1, 6-14 Ps 31:19-24 Mt 6:1-6, 16-18	Ps 119:97-120 Num 11:24-33 Rom 1:28 – 2:11	Ps 81, 82 1 Sam 2:12-26 Mt 18:1-9
THU. JUNE 18 Bernard Mizeki, Catechist in Rhodesia, Martyr, 1896	Sir 48:1-14 Ps 97 Mt 6:7-15	Ps 34 Num 12:1-16 Rom 2:12-24	Ps 85, 86 1 Sam 2:27-36 Mt 18:10-20
FRI. JUNE 19 The Most Sacred Heart of Jesus	2 Kgs 11:1-4, 9-20 Ps 132:11-19 Mt 6:19-23	Ps 88 Num 13:1-3, 21-30 Rom 2:25 – 3:8	Ps 91, 92 1 Sam 3:1-21 Mt 18:21-35
SAT. JUNE 20 Feria	2 Chr 24:17-25 Ps 89:19-33 Mt 6:24-34	Ps 87, 90 Num 13:31 – 14:25 Rom 3:9-20	Ps 136 1 Sam 4:1b-11 Mt 19:1-12
SUN. JUNE 21 3rd Sunday after Pentecost: National Indigenous Peoples Day	Isaiah 40:25-31 Psalm 19 Philippians 4:4-9 John 1:1-18	Ps 66, 67 Num 14:26-45 Acts 15:1-12	Ps 19, 46 1 Sam 4:12-22 Lk 12:49-56

## **CLERGY**

Rector: Father Kevin Hunt: [fr.kevin@stjames.bc.ca](mailto:fr.kevin@stjames.bc.ca) 778-984-3208

Street Outreach: Father Matthew Johnson: [matthew@streetoutreach.net](mailto:matthew@streetoutreach.net)  
604-685-7522 (non-emergency #)

Deacon: Revd Joyce Lochter: [joyce.lochter@gmail.com](mailto:joyce.lochter@gmail.com) 604-614-9915

Honorary Assistants: Sister Mary Christian Cross, Deacon;  
Father Neil Gray; Father Neil Fernyhough

## **CLERGY AVAILABILITY**

Clergy may be contacted through the Office: 604-685-2532.

In-parish office hours are currently intermittent but email and phone messages are being monitored and responded to.

## **PARISH STAFF**

Office Managers: Linda Adams: Mon – Wed, 9:00 am-4:00 pm

Deanna Ferguson: Thu – Sat, 9:00 am-4:00 pm

Organist & Choirmaster: Gerald Harder; Assistant Organist, PJ Janson

Music Series: [musicseries@stjames.bc.ca](mailto:musicseries@stjames.bc.ca)

Custodial Staff: Building Manager, Art Cuthbertson, 604-329-7567

Darren Campbell, Building Assistant

## **PARISH COUNCIL**

Chair: Jordon Skinner, Secretary: Reece Wrightman

## **PARISH OFFICERS**

Rector's Warden: Andrew Campbell, 604-669-1539 [wardens@stjames.bc.ca](mailto:wardens@stjames.bc.ca)

Warden: Peggy Smyth [wardens@stjames.bc.ca](mailto:wardens@stjames.bc.ca)

Warden: Reece Wrightman, 604-872-4129 [wardens@stjames.bc.ca](mailto:wardens@stjames.bc.ca)

Trustees: Kelvin Bee; Jenny Johnson; Pamela McDonald

Treasurer: Christopher Orr

Envelope Secretary: Philip Green

Parish Privacy Officer & Vestry Clerk: Linda Adams

Archivist: Paul Stanwood, Librarian: Lynann Burton

St. James' Anglican Church | Diocese of New Westminster |

Anglican Church of Canada | 303 East Cordova Street, Vancouver, BC, V6A 1L4

T: 604-685-2532 E: [office@stjames.bc.ca](mailto:office@stjames.bc.ca) | Web: [www.stjames.bc.ca](http://www.stjames.bc.ca)