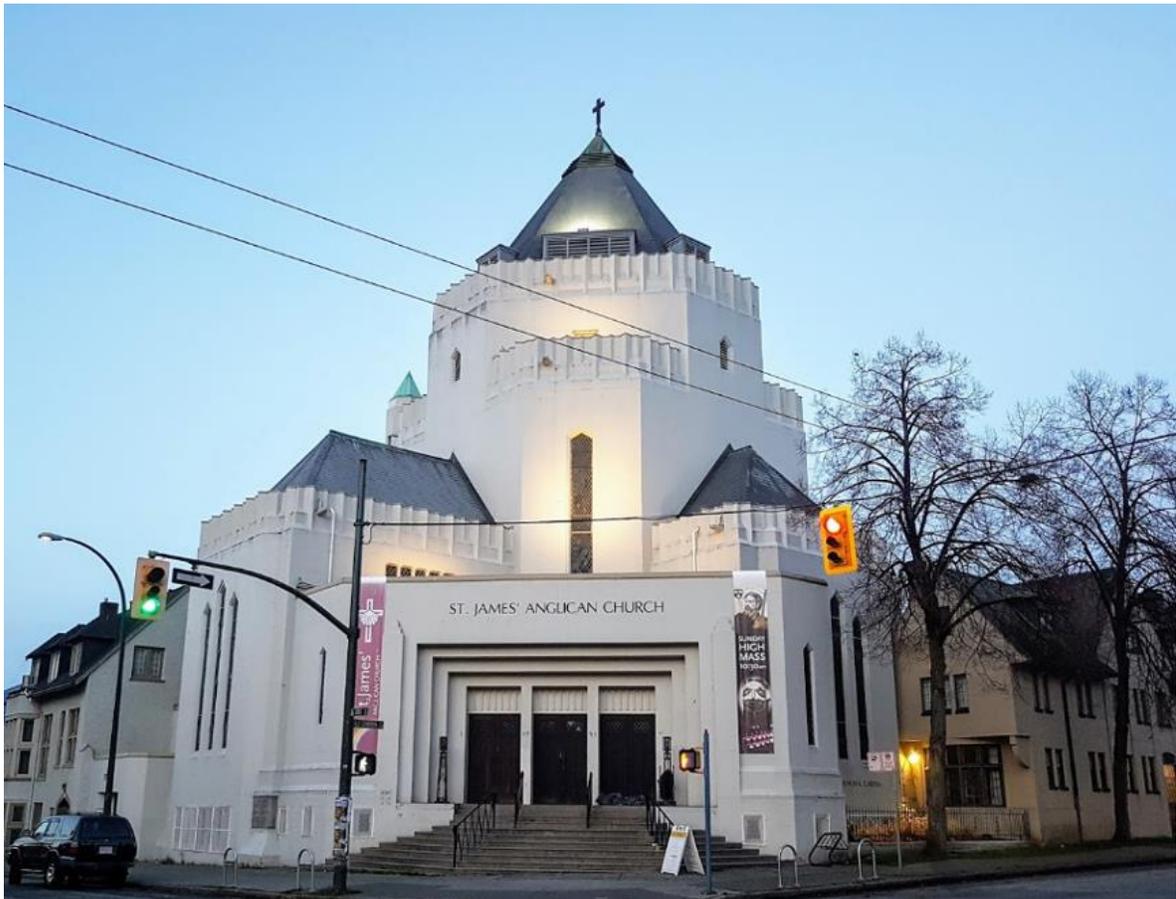


Liturgy at Home

St. James' Anglican Church



Fourth Sunday after Pentecost – June 28, 2020



Welcome

We acknowledge our presence on the traditional, ancestral, and unceded territory of the Coast Salish Peoples.

Welcome to this St. James' "Liturgy for use at home," which will continue over the summer in parallel with the simple said service at 9.00 am in church.

For the time being that will be the only public service in St. James'. Nonetheless, the Church's life of prayer and intercession continues. Those who live close to St. James' may hear the Angelus ring from the tower: this is an audible sign that the Church is praying for the parish, the DTES, the medical services, and for a swift resolution to this pandemic.

The Daily Office will be said online via Zoom at the regular times: contact details on the website, and at the end of this bulletin. The Mass will continue to be offered regularly, even though the doors may be locked.

You are invited either to share in this Liturgy at 10:30 am on Sunday, via Zoom, or to use this as an aid to your prayers at home, drawing strength, we hope, from the knowledge that fellow-parishioners will be praying alongside you.

The Parish Intercession Lists, which are being kept up to date, are being prayed daily. Please make any requests to the Parish Office, office@stjames.bc.ca, 604-685-2532.

A PRAYER AT THIS TIME OF COVID-19

God of light
and God of mercy,
give us the faith to see you
in the grey dimness
of this time.

Give us the heart to hear,
in the silence of the sick,
the call to care for those in pain.

Give us the courage to find you
where you do not now appear to be.

Give us the trust it takes
to make our way through this uncertainty,
this fear, this seemingly irredeemable
sense of limitless loss
to the recognition of the relentless hope
that each seasonal cycle of life confirms in us.

You who made all things
for our good and our growth,
show us, too, now
the power of darkness
so that we may see newly—
beyond the ephemeral—
to what are really
the gloriously important things
in life.

*This was written by Sr. Joan Chittester: OSB; Author; Interfaith Lecturer at
Chautauqua Institution, N.Y.*

VISION STATEMENT

Discovering the beauty of holiness in our lives and neighbourhood, by living a Christ-centred sacramental life rooted in the Anglo-Catholic tradition.

MISSION OBJECTIVES

- To be a beacon for all as a neighbourhood and destination church where we invite and welcome friends, family, and strangers into our midst;
- To deepen our life of prayer and formation in Christ;
- To develop relationships and fellowship in open, honest, and spiritual ways among parishioners, with our neighbours, and those in need;
- To pursue and practice justice and mercy for the imparting of the Kingdom of God within and beyond the Parish;
- To strive to maintain financial equilibrium, develop our reserves, and optimize the use of our assets to ensure the preservation of our sacred space and ministry from generation to generation, to the everlasting glory of God.

A Reflection

O Light Invisible, we praise Thee!
Too bright for mortal vision.
O Greater Light, we praise Thee for the less;
The eastern light our spires touch at morning,
The light that slants upon our western doors at evening,
The twilight over stagnant pools at batflight,
Moon light and star light, owl and moth light,
Glow-worm glowlight on a grassblade.
O Light Invisible, we worship Thee!

We thank Thee for the light that we have kindled,
The light of altar and of sanctuary;
Small lights of those who meditate at midnight
And lights directed through the coloured panes of windows
And light reflected from the polished stone,
The gilded carven wood, the coloured fresco.
Our gaze is submarine, our eyes look upward
And see the light that fractures through unquiet water.
We see the light but see not whence it comes.
O Light Invisible, we glorify Thee!

T. S. Eliot, excerpt from "Choruses from 'The Rock'": *Collected Poems 1909-1962*

Zoom Worship

For all of us, sharing in Liturgy at Home via Zoom is a new and evolving experience. We are all on a learning curve! The technology enables us, I think, to create a sense of community as together we offer our worship to God. It also has challenges and limitations.

One such challenge is that everyone's internet runs at a different speed: this means that if we try to say or sing something together with all the microphones switched on, the result is not edifying unison but a cacophony. For this reason we ask everyone to keep microphones on mute, unless one is reading. Please feel free to make the responses aloud at home, but not "on the air." Designated person(s) will make the responses on everyone's behalf.

We are exploring how we may include more music, but we have not yet discovered an effective way. We are grateful to Gerald for his commentary and links to music being circulated with *The Thurible* and on the website.

We long for the day when we shall be able to meet together for Mass in church. In the meantime we offer this Liturgy at Home in union with the clergy offering the Sunday Mass in St. James', on behalf of the parish, the DTES, and for deliverance from this pandemic.

Fr. Kevin is grateful to all who are making this Liturgy at Home possible, and for the encouraging response and helpful feedback.

Opening Rite

INVOCATION

Gathering together on the traditional, ancestral and unceded lands of the Tsleil-Waututh “People of the Inlet”, the Musqueam “People of the River Grass”, and the Squamish “Mother of the Wind”, we meet

+In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

HYMN VERSE

Be thou my vision, O Lord of my heart;
all else be nought to me, save that thou art—
thou my best thought, by day or by night,
waking or sleeping, thy presence my light.

PRAYERS OF PENITENCE

God the Father forgives us in Christ and heals us by the Holy Spirit.
Let us therefore put away all anger and bitterness,
all slander and malice,
and confess our sins to God our redeemer.

Like as the hart longs for flowing streams, so longs my soul for you, O God:
Lord, have mercy.

Lord, have mercy.

O send out your light and your truth, that they may lead me:
Christ, have mercy.

Christ, have mercy.

May we come to your altar, O God, the God of our salvation:
Lord, have mercy.

Lord, have mercy.

May almighty God have mercy on us,
forgive us our sins, and keep us in eternal life
in Jesus Christ our Lord.

Amen.

GLORIA IN EXCELSIS

Glory be to God on high,
and on earth peace, good will towards men.
We praise thee, we bless thee,
we worship thee, we glorify thee,
we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.
O Lord, the only-begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sin of the world,
have mercy upon us.
Thou that takest away the sin of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.
For thou only art holy;
thou only art the Lord;
thou only, O Christ,
with the Holy Ghost,
+art most high in the glory of God the Father.

Amen.

COLLECT OF THE DAY

Let us pray.

Almighty God,

thou hast taught us through thy Son

that love fulfilleth the law.

May we love thee with all our heart,

all our soul, all our mind, and all our strength,

and may we love our neighbour as ourselves;

through Jesus Christ our Lord,

who liveth and reigneth with thee and the Holy Spirit,

one God, now and for ever.

Amen.

Liturgy of the Word

FIRST READING

A reading from the Book of Jeremiah

Then the prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the Lord; and the prophet Jeremiah said, "Amen! May the Lord do so; may the Lord fulfil the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of the Lord, and all the exiles. But listen now to this word that I speak in your hearing and in the hearing of all the people. The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that the Lord has truly sent the prophet."

Jeremiah 28:5-9

The word of the Lord.

Thanks be to God.

PSALM

Your love, O Lord, for ever will I sing;
from age to age my mouth will proclaim your faithfulness.
For I am persuaded that your love is established for ever;
you have set your faithfulness firmly in the heavens.
Happy are the people who know the festal shout!
they walk, O Lord, in the light of your presence.
They rejoice daily in your name;
they are jubilant in your righteousness.

Psalms 89:1-2, 15-16

SECOND READING

A reading from the Letter of Paul to the Romans.

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Romans 6:12-23

The word of the Lord.

Thanks be to God.

ALLELUIA

Alleluia.

Christ, being raised from the dead, will never die again.

Death no longer has dominion over him.

Alleluia.

THE GOSPEL READING

The Holy Gospel of Our Lord Jesus Christ according to Matthew.

Glory be to thee, O Lord.

Jesus said, "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple - truly I tell you, none of these will lose their reward."

Matthew 10:40-42

The Gospel of Christ.

Praise be to thee, O Christ.

HOMILY

Fr. Kevin Hunt

AFFIRMATION OF FAITH

Let us declare our faith in God.

We believe in God the Father,
**from whom every family
in heaven and on earth is named.**

We believe in God the Son,
**who lives in our hearts through faith,
and fills us with his love.**

We believe in God the Holy Spirit,
**who strengthens us
with power from on high.**

We believe in one God;
**Father, Son and Holy Spirit.
Amen.**

PRAYERS OF THE PEOPLE

Celebrant:

In the power of the Spirit, and in union with Christ, let us pray to the Father:

Intercessor:

For the whole human family, that we may live together in justice and peace.

Lord in thy mercy,

Hear our prayer.

For Elizabeth our Queen, and for our Parliament and Government;
for the leaders of the nations at this time of crisis, for the World Health Organization
and for the medical profession, on the front line and in research.

Lord in thy mercy,

Hear our prayer.

That by thy power, wars, famine, and pandemic may cease through all the earth,
Lord in thy mercy,
Hear our prayer.

For the whole People of God, that we may be true and faithful servants of Christ.
Lord in thy mercy,
Hear our prayer.

For Justin, Archbishop of Canterbury;

- for the United Church of North India –Prem Chand Singh, Moderator
- for Linda – our Primate; Melissa – our Archbishop & Metropolitan
- For the mission and witness of our Diocese, and especially for the parishes of:
 - St. David/St. Paul, Powell River – the Rev'ds Faun Harriman, Ron Berezan, and Taras Pakholchuk
 - St. Thomas, Chilliwack – the Rev'ds Allen Doerksen, Jennifer Burgoyne, and Davie Koe
 - St. Thomas, Vancouver – the Rev'd Michael Batten
 - and for our parish of St. James'

Lord in thy mercy,
Hear our prayer.

For Archbishop Mark, and for all Indigenous Peoples in the Diocese of Moosonee,
and for Bishop Brent and our partner diocese of Northern Philippines,
Lord in thy mercy,
Hear our prayer.

For the lonely, sick, hungry, persecuted, or ignored, that the Lord will comfort and sustain them - for all those suffering from Covid-19; and for Patrick Phelan; Debbie; Paul Jenson; Lynann Burton; Dylan; Lyndsay; Andrew; Ivy Stewart; Judy Lambert; Helen; Sarah Kavanaugh; Panagiota Graffos; Danny Monteiro; Bob, Doug, & Don; Eric Bristow; Norman; Jim Turner; Audrey Hunter; Harry Biden & family; and Peter & Rita Friesen,

And in our Street Outreach for - Lloyd; the residents and staff of Victory House, Cooper Place, & Cordova House; Martin; Kari Ann & Dennis; Brooklyn; Tim & Bonnie; James; Judy; Peter; Emile; Ron; Karl; Grace; Edwin; and Robert.

Lord in thy mercy,

Hear our prayer.

For the recently departed – for all victims of Covid-19; and for Gwen Lamacraft; Elizabeth Coan; Gail Biden; and Angie,

And for all those whose anniversary of death we commemorate at this time – Walter Barfoot, bishop; Sister Theodora; Dorothy Coleopy; Penny Ehmann; Violet Sillitoe; Gulla McLean; Eric Hildebrandt; Nancy MacDonald; Jack Dalton; Elizabeth MacDonald; Gwen Cavill; August Alexander; and Agnes Thompson.

+Rest eternal grant unto them, O Lord.

And may light perpetual shine upon them.

May they rest in peace.

Amen.

Celebrant:

God of wisdom,

receive our prayers with all we offer thee this day.

Enrich our lives with the gifts of thy Spirit,

that we may follow the way of our Lord Jesus Christ,

and serve one another in freedom.

We ask this in his name.

Spiritual Communion

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever.
Amen.

AGNUS DEI

O Lamb of God, that takest away the sins of the world: have mercy upon us.
O Lamb of God, that takest away the sins of the world: have mercy upon us.
O Lamb of God, that takest away the sins of the world: grant us thy peace.

SPIRITUAL COMMUNION

*As we are unable to receive the Blessed Sacrament at this time,
meditate quietly for a moment on these words of Jesus from St. John 6:*

"I am the Bread of Life. Whoever comes to me will never be hungry, whoever believes in me will never thirst."

Then, in union with the Body of Christ in every time and place, pray:

O come to my heart, Lord Jesus. There is room in my heart for thee.

Concluding Rite

PRAYER AFTER COMMUNION

Let us pray.

God of power,
we are nourished by the riches of thy grace.
Raise us to new life in thy Son Jesus Christ
and fit us for his eternal kingdom,
that all the world may call him Lord.
We ask this in Christ's name.

Amen.

THE GRACE

The peace of God which passeth all understanding,
keep our hearts and minds in the knowledge and love of God,
and of his Son, Jesus Christ our Lord.

Amen.

May the grace of Our Lord Jesus Christ,
+and the love of God, and the fellowship of the Holy Spirit,
be with us all evermore.

Amen.

DISMISSAL

Let us bless the Lord.

Thanks be to God.

AVE REGINA CAELORUM

Hail, Queen of Heaven, beyond compare,
to whom the angels homage pay.
Hail, Root of Jesse, Gate of Light,
which opened for the world's new day.

Rejoice, O Virgin unsurpassed,
in whom our ransom was begun.
For all your loving children pray,
to Christ our Saviour and your Son.

Clergy Notes

These are momentous, stressful times we live in. It may seem that around every corner there's something to be fearful, angry, or distraught over. Our minds may habitually return to the last article we read, or video we watched, or podcast we listened to. We may feel compelled to stay up-to-date on the latest news, out of a sense of duty, from a powerful curiosity, or a need to be on top of what's going on so as to feel safe and prepared. And all of this takes a toll on us.

Psychologists have long studied what is called vicarious trauma or vicarious traumatization. This kind of trauma arises not from a first-hand experience of a traumatic event, but from witnessing such an event. Such vicarious trauma has often been seen in professionals who work in fields where witnessing traumatic events or interacting with trauma survivors is common. However, it's now known that vicarious trauma can also affect those who are regularly exposed to traumatic events in the media. Constant exposure to traumatic events in media has been shown to cause anxiety, difficulties in coping, immense fear, and feelings of hopelessness. This is especially true for those of us who have a history of trauma ourselves or just happen to be particularly sensitive.

Jesus said "blessed are the peacemakers," and as children of God that is our calling. Being a peacemaker, which is so needed in these tumultuous times, begins with being at peace ourselves. A big fan of the beatitudes himself, Gandhi once said that "there is no way to peace, peace is the way." And Martin Luther King Jr. told us to "be the peace you wish to see in the world." In other words, one of the very best gifts we can offer a troubled world is letting ourselves rest in God's presence, resting in the Peace and Joy of Christ.

If you feel yourself caught up in a cycle of fear, anger, and despair, as you digest all the latest news of a world and people in crisis, you owe it to yourself and the world to be kind to yourself, and take a break. And even Jesus needed to be alone every now and then, so you know you're in good company. In a world inundated with news 24-hours a day, here are some helpful tips on being a peacemaker, beginning with making inner peace:

- Set limits on the consumption of news media, videos, etc. Consider taking a Sabbath from all kinds of media, for a day or even longer.
- If you have trouble setting limits, put notes on the devices you use reminding yourself to ask “Is what I’m doing now nourishing for my soul?”
- Practice noticing patterns in your thoughts and feelings around consuming traumatic news, and take a break when needed.
- Make a list of things that bring you hope, peace, and joy, and practice them.
- If you feel called to do something, then do something! Consider even the smallest gestures that could turn hopelessness and anxiety into action.
- Make time for silent prayer, and practice letting God take on the cares of the world while you rest in God’s presence.

Remember, your greatest contribution to God’s Kingdom is to cultivate the Kingdom within. Stay informed in moderation, be kind to yourself, and be the Peace and Joy of Christ the world so needs.

Peace and Be Well,

Br. Nicholas Bartoli, SSJE, June 25, 2020

www.ssje.org

Notices

PUBLIC & ONLINE WORSHIP

St. James' has reopened for public worship. On Sundays there will be a 9 am said service, *Liturgy of the Word*, inside St. James' and registration with the Parish Office is required by Thursday at 4 pm of the previous week. The online *Liturgy at Home* at 10:30 am continues. Please see *The Thurible* and the website for more details and protocol.

GIVING

Thank you to all those who are giving generously to St James' in these difficult times. Your ongoing support is much appreciated.

Although we are not all meeting as a congregation in the church, the ongoing running costs of St. James', some \$1800 per day, continue.

If usually you give in the Weekly Offering Envelopes, please consider using the credit card Donate option on the [HOME](#) page or go to the [GIVING](#) page of the St. James' website: www.stjames.bc.ca

Alternatively, if you do not already give by PAD (Pre-Authorised Donation) and are able to do so, please email the Parish Office for a form. More information is available on the Diocese of New Westminster [here](#).

THE DAILY OFFICE

The Daily Office will be said online via Zoom most days at 9 am and 5 pm.

The Meeting ID is 936 5595 7573, Password 762469. Join via Zoom or by phone, 778-907-2071. There will be no Morning Prayer on Sundays.

DATE	DAILY MASS	MORNING PRAYER 9:00 AM	EVENING PRAYER 5:00 PM
MON. JUNE 29 St. Peter & St. Paul, Apostles	Ezek 34:11-16 Ps 87 2 Tim 4:1-8 Jn 21:15-19	Ps 66 Ezek 2:1-7 Acts 11:1-18	Ps 97, 138 Is 49:1-6 Gal 2:1-9
TUES. JUNE 30 Feria	Am 3:1-8, 4:11-12 Ps 5 Mt 8:23-27	Ps 121, 122, 123 Num 22:21-38 Rom 7:1-12	Ps 124, 125, 126 1 Sam 11:1-15 Mt 21:23-32
WED. JULY 1 Feria Canada Day	Is 32:1-5, 16-18 Ps 85:7-13 Col 3:12-17 Jn 15:12-17	Ps 119:145-176 Num 22:41 – 23:12 Rom 7:13-25	Ps 128, 129, 130 1 Sam 12:1-6, 16-25 Mt 21:33-46
THU. JULY 2 Feria	Am 7:10-17 Ps 19:7-10 Mt 9:1-8	Ps 131, 132 Num 23:11-26 Rom 8:1-11	Ps 134, 135 1 Sam 13:5-18 Mt 22:1-14
FRI. JULY 3 St. Thomas the Apostle	Heb 10:35 – 11:1 Ps 126 Jn 20:24-29	Ps 23, 121 Job 42:1-6 1 Pet 1:3-9	Ps 27 Is 43:8-13 Jn 14:1-7
SAT. JULY 4 Feria	Am 9:11-15 Ps 85:7-13 Mt 9:14-17	Ps 137:1-6, 144 Num 24:12-25 Rom 8:18-25	Ps 104 1 Sam 14:16-30 Mt 22:23-40
SUN. JULY 5 5th Sunday after Pentecost	Zech 9:9-12 Ps 145:8-15 Rom 7:15-25a Mt 11:16-19, 25-30	Ps 146, 147 Num 27:12-23 Acts 19:11-20	Ps 111, 112, 113 1 Sam 14:36-45 Mk 1:14-20

CLERGY

Rector: Father Kevin Hunt: fr.kevin@stjames.bc.ca 778-984-3208

Street Outreach: Father Matthew Johnson: matthew@streetoutreach.net
604-685-7522 (non-emergency #)

Deacon: Revd Joyce Lochter: joyce.lochter@gmail.com 604-614-9915

Honorary Assistants: Sister Mary Christian Cross, Deacon;
Father Neil Gray; Father Neil Fernyhough

CLERGY AVAILABILITY

Clergy may be contacted through the Office: 604-685-2532.

In-parish office hours are currently intermittent but email and phone messages are being monitored and responded to.

PARISH STAFF

Office Managers: Linda Adams: Mon – Wed, 9:00 am-4:00 pm

Deanna Ferguson: Thu – Sat, 9:00 am-4:00 pm

Organist & Choirmaster: Gerald Harder; Assistant Organist, PJ Janson

Music Series: musicseries@stjames.bc.ca

Custodial Staff: Building Manager, Art Cuthbertson, 604-329-7567

Darren Campbell, Building Assistant

PARISH COUNCIL

Chair: Jordon Skinner, Secretary: Reece Wrightman

PARISH OFFICERS

Rector's Warden: Andrew Campbell, 604-669-1539 wardens@stjames.bc.ca

Warden: Peggy Smyth wardens@stjames.bc.ca

Warden: Reece Wrightman, 604-872-4129 wardens@stjames.bc.ca

Trustees: Kelvin Bee; Jenny Johnson; Pamela McDonald

Treasurer: Christopher Orr

Envelope Secretary: Philip Green

Parish Privacy Officer & Vestry Clerk: Linda Adams

Archivist: Paul Stanwood, Librarian: Lynann Burton

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