

Liturgy at Home

St. James' Anglican Church



Eleventh Sunday After Pentecost
August 4, 2024 | 9:00 am



Welcome

We acknowledge with gratitude and respect our presence on the ancestral, traditional and un-ceded territory of the x^wməθk^wəyəm (Musqueam), Sk̓wx̓wú7mesh (Squamish), and sə́lilwətał (Tsleil-Waututh) First Nations.

Welcome to this St. James' "Liturgy at Home", which continues to gather together a community of worship for those prevented for various reasons from being in church. Solemn Mass is now celebrated in church at 10:30 am on Sundays. For weekday Mass (in church) and (online) Daily Office times, please see the Notices pages at the end of this bulletin.

You are invited either to share in this Liturgy at 9:00 am on Sunday, via Zoom, or to use this as an aid to your prayers at home, drawing strength, we hope, from the knowledge that fellow-parishioners will be praying alongside you.

The Parish Intercession Lists, which are being kept up to date, are being prayed daily. Please make any requests to the Parish Office at office@stjames.bc.ca.

About St James'

St. James' is an inclusive Christian community, worshipping in the Anglo-Catholic tradition. For more information, please see our website: www.stjames.bc.ca

VISION STATEMENT

Discovering the beauty of holiness in our lives and neighbourhood, by living a Christ-centred sacramental life rooted in the Anglo-Catholic tradition.

MISSION OBJECTIVES

- To be a beacon for all as a neighbourhood and destination church where we invite and welcome friends, family, and strangers into our midst;
- To deepen our life of prayer and formation in Christ;
- To develop relationships and fellowship in open, honest, and spiritual ways among parishioners, with our neighbours, and those in need;
- To pursue and practice justice and mercy for the imparting of the Kingdom of God within and beyond the Parish;
- To strive to maintain financial equilibrium, develop our reserves, and optimize the use of our assets to ensure the preservation of our sacred space and ministry from generation to generation, to the everlasting glory of God.

A Reflection

When you eat this food and drink this wine, they will be transformed into your substance. Equally you will be transformed into the body of Christ, if you live in obedience and faithfulness. The Apostle reminds us of the prediction in scripture: "Two will become one flesh". And elsewhere in reference to the eucharist itself, he asserts, "Because there is one bread, we who are many are one body". You, therefore, begin to receive that you already begin to be.

Augustine of Hippo, Sermons 227

Opening Rite

INVOCATION

Gathering together on the ancestral, traditional and un-ceded territory of the x^wməθk^wə́əm (Musqueam), Sk̓w̓x̓w̓ú7mesh (Squamish), and sə́lilwə́təł (Tseil-Waututh) First Nations, we meet

+In the name of the Father, and of the Son, and of the Holy Spirit.

Amen.

The Lord be with you.

And also with you.

HYMN

Alleluia! Bread of heaven,
thou on earth our food, our stay;
Alleluia! Here the sinful
flee to thee from day to day;
Intercessor, Friend of sinners,
Earth's Redeemer, plead for me,
where the songs of all the sinless
sweep across the crystal sea.

PRAYERS OF PENITENCE

God the Father forgives us in Christ and heals us by the Holy Spirit.
Let us therefore put away all anger and bitterness,
all slander and malice, and confess our sins to God our redeemer.

Lord, you are gracious and compassionate:

Lord, have mercy.

Lord, have mercy.

You are loving to all
and your mercy is over all your creation:

Christ, have mercy.

Christ, have mercy.

Your faithful servants bless your name
and speak of the glory of your kingdom:

Lord, have mercy.

Lord, have mercy.

May almighty God have mercy on us,
forgive us our sins, and keep us in eternal life
in Jesus Christ our Lord.

Amen.

GLORIA IN EXCELSIS

Glory be to God on high,
and on earth peace, good will towards men.
We praise thee, we bless thee,
we worship thee, we glorify thee,
we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
that takest away the sin of the world,
have mercy upon us.

Thou that takest away the sin of the world,
receive our prayer.
Thou that sittest at the right hand of God the Father,
have mercy upon us.

For thou only art holy; thou only art the Lord;
thou only, O Christ, with the Holy Ghost,
+art most high in the glory of God the Father.

Amen.

COLLECT OF THE DAY

Let us pray.
Almighty God,
your Son Jesus Christ fed the hungry
with the bread of his life
and the word of his kingdom.
Renew your people with your heavenly grace,
and in all our weakness
sustain us by your true and living bread,
who lives and reigns with you and the Holy Spirit,
one God, now and for ever.

Amen.

Liturgy of the Word

FIRST READING

A reading from the book of Exodus.

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, 'If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger.'

Then the Lord said to Moses, 'I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not.'

Then Moses said to Aaron, 'Say to the whole congregation of the Israelites, "Draw near to the Lord, for he has heard your complaining." ' And as Aaron spoke to the whole congregation of the Israelites, they looked towards the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, 'I have heard the complaining of the Israelites; say to them, "At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God." ' '

In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, 'What is it?' For they did not know what it was. Moses said to them, 'It is the bread that the Lord has given you to eat.'

(Exodus 16:2-4, 9-15)

The word of the Lord.

Thanks be to God.

PSALM

So God commanded the clouds above
and opened the doors of heaven.

**He rained down manna upon them to eat
and gave them grain from heaven.**

So mortals ate the bread of angels;
he provided for them food enough.

**He caused the east wind to blow in the heavens
and led out the south wind by his might.**

He rained down flesh upon them like dust
and winged birds like the sand of the sea.

**He let it fall in the midst of their camp
and round about their dwellings.**

So they ate and were well filled,
for he gave them what they craved.

(Psalm 78:23-29)

SECOND READING

A reading from the letter of Paul to the Ephesians.

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift. Therefore it is said,

'When he ascended on high he made captivity itself a captive;
he gave gifts to his people.'

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

(Ephesians 4:1-16)

The word of the Lord.

Thanks be to God.

ALLELUIA

Alleluia. O Lord God of my salvation, I have cried day and night before thee.

Alleluia.

THE GOSPEL READING

The Lord be with you.

And with thy spirit.

The Holy Gospel of Our Lord Jesus Christ according to John.

Glory be to thee, O Lord.

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them bread from heaven to eat." ' Then Jesus said to them, 'Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.' They said to him, 'Sir, give us this bread always.'

Jesus said to them, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'

(John 6:24-35)

The Gospel of Christ.

Praise be to thee, O Christ.

HOMILY

Mother Amanda Ruston

AFFIRMATION OF FAITH

Let us declare our faith in God.

We believe in God the Father,
**from whom every family
in heaven and on earth is named.**

We believe in God the Son,
**who lives in our hearts through faith,
and fills us with his love.**

We believe in God the Holy Spirit,
**who strengthens us
with power from on high.**

We believe in one God;
**Father, Son and Holy Spirit.
Amen.**

PRAYERS OF THE PEOPLE

Celebrant:

In the power of the Spirit, and in union with Christ, let us pray to the Father:

Intercessor:

For Charles our King, for the leaders of the nations, and for the peace of the world.

Lord in your mercy,

Hear our prayer.

For continuing action in the face of the climate emergency, and for an end to famine, fire, and flood throughout all the earth.

Lord in your mercy,

Hear our prayer.

For all bishops, clergy, and people:

- for Justin, Archbishop of Canterbury;
- for the The Anglican Church of Kenya
- for Linda our Primate; Lynne our Metropolitan; and John our Bishop
- for Archbishop Christopher and for Indigenous Peoples in the Diocese of Qu'Appelle,
- for Bishop Benny and our companion diocese of Northern Philippines
- in our Diocese, for:
 - the parishes of St. Stephen the Martyr, Burnaby; St. Stephen, West Vancouver; St. Oswald, Port Kells
 - and our own parish of St. James.

Lord in your mercy,

Hear our prayer.

For all those who are traveling; for all prisoners; and for the sick and the suffering, especially: Betty Chong; Keith Fenton, Jr; Louise Bass; Jan Lowe; Jenny; Sophia & family; Nita Firestone; Stephanie & family; Byron; Carr; Will & Kaylee; Kenny Landherr; Vivian Lam; Bryan & Karin; Paul & Dorothy; Caitlin; Paul Waller; Eliza Williams; Judy; Brian; Martin; Christian; Shawn Wilson; Keith Maynard; Savita Kshatriya; Sister Sam; and Michael, Margaret & family,

For our Street Outreach, especially: Antonio; Sarah; Omar; Keith; Gary; Joanne;

Louie; Saeed & Family; Sundance; Theresa; Troy; Danika; Brian; Christine,

Lord, in your mercy

Hear our prayer.

For all who have died recently, especially: George Wagner; Barbara Sibballe; Brian Thornhill; Jay Hamburger; Bella; Helen Lawler; Alan Batten; Linda Light; Keith Light; Russil Rilcof,

and for all those whose anniversary of death we commemorate at this time: Charles Gibbs; Eva Spence; James Gosnell; Bertram McKay; Edward John Hulford, priest; Eileen Underhill; Katharina Walton; Sister Agnes; Marcelino Simon; De Verne Sandiford; and Gladys Waterman.

+Rest eternal grant unto them, O Lord.

And may light perpetual shine upon them.

May they rest in peace.

Amen.

Celebrant:

Remembering Holy Mary, the Mother of God,
St. James our Patron, and all the saints,
we commit ourselves, one another, and our whole life
to you, our Lord and God.

Amen.

Spiritual Communion

THE LORD'S PRAYER

Our Father, who art in heaven, hallowed be thy name,
thy kingdom come, thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation, but deliver us from evil.
For thine is the kingdom, the power, and the glory,
for ever and ever.
Amen.

AGNUS DEI

O Lamb of God, that takest away the sins of the world: have mercy upon us.
O Lamb of God, that takest away the sins of the world: have mercy upon us.
O Lamb of God, that takest away the sins of the world: grant us thy peace.

SPIRITUAL COMMUNION

*As we are unable to receive the Blessed Sacrament at this time,
meditate quietly for a moment on these words of Jesus from St. John 6:*

“I am the Bread of Life. Whoever comes to me will never be hungry, whoever believes in me will never thirst.”

Then, in union with the Body of Christ in every time and place, pray:

O come to my heart, Lord Jesus. There is room in my heart for thee.

HYMN

O for a heart to praise my God
A heart from sin set free;
A heart that always feels thy blood
So freely spilt for me.

Concluding Rite

PRAYER AFTER COMMUNION

Let us pray.

God our sustainer,
accept all we offer you this day,
and feed us continually with that bread
which satisfies all hunger,
your Son our Saviour Jesus Christ.

Amen.

THE GRACE

The peace of God which passes all understanding
keep our hearts and minds in the knowledge and love of God,
and of his Son Jesus Christ our Lord.

Amen.

May the grace of Our Lord Jesus Christ,
+and the love of God, and the fellowship of the Holy Spirit,
be with us all evermore.

Amen.

DISMISSAL

Let us bless the Lord.

Thanks be to God.

SALVE REGINA

Hail, Mary, mother and queen of tender mercy,
our life, our comfort, and our hope, we hail thee.
From this foreign land, Eve's sons and daughters cry to thee.
So lost, so full of fear, we mourn, we grieve, we sigh
from this tearful vale of exile.

Ah then, our help, our advocate and guide,
turn now to us, the gaze of thine all loving-eyes, so full of mercy.
And Jesus, thy Son and Lord, thy womb's most blessed fruit,
show him to us when we complete our sojourn.
O gentle, O loving, O beloved, O Virgin Mary.

Clergy Notes

This Sunday and the next one, our Gospel reading comes from John rather than Mark. We hear parts of two conversations that Jesus had following the miracle of the Feeding of the Five Thousand. Today, Jesus is talking to some of the members of the crowd who were fed and next week he provides some challenges to the religious leaders.

This miracle is the only one that occurs in all four Gospels. It clearly was of major importance to the evangelists and it has been a rich source of theological reflection ever since!

In a world where ordinary people were hungry for most of the time, the provision of a large amount of food would certainly grab people's attention. Remember that the number 5,000 refers only to the men in the crowd. Their wives and families were also fed (although they probably had to wait their turn!). And we are told that their tummies were not just "nicely full", the Greek word is rather crude and suggests that they were on the point of throwing up. Also don't forget the huge amount of bread and fish that was left over. In the hands of Jesus, the contents of a small boy's lunch box becomes a staggeringly generous plenty.

In today's reading, Jesus encourages the crowds to try to understand the symbolic significance of the miracle. Just the human body is nourished and sustained by food, the soul needs to be fed and nurtured by a relationship with God. He wants them to move from the physical to the eternal. But more than that, he uses a wonderful metaphor about himself - "I am the Bread of Life". He is saying that he is able to satisfy spiritual hunger. He does this through our reading about his mighty deeds and listening to his teachings, through the Holy Spirit that he asked the Father to send and, most specifically, in the Holy Eucharist. What an amazing promise! That the person who comes to Jesus in faith and hope and trust will never go hungry.

Father Neil Gray

Notices

REGULAR SERVICE TIMES UNTIL FURTHER NOTICE

Saturday	4:00 pm: Vigil Mass in church
Sunday	9:00 am: Liturgy at Home via Zoom 10:30 am: Solemn Mass in church
Weekdays	12:10 pm: Monday, Wednesday, Friday in church 9:30 am: Tuesday, Thursday in church

DAILY MASS

Masses on Monday, August 5, and Tuesday, August 6 are cancelled. Happy BC Day!

PRIDE WEEKEND 2024

Vancouver's Pride Weekend takes place on August 3 and 4. Happy Pride to all!

POWELL STREET FESTIVAL

The Powell Street Festival is taking place August 3 and 4, 11:30 am to 7 pm, in Oppenheimer Park and surrounding areas centered around the 400 block of Powell St. Street parking near St. James' will be limited.

CHORAL EVENSONG AT ST. JAMES'

On Friday, August 9 at 5:00 pm St. James' welcomes the 40-voice Choir from [The Canadian Renaissance Music Summer School](#) (CRMSS) for Choral Evensong. You are invited!

The CRMSS Choir will sing the Magnificat by Luca Marenzio, the Nunc Dimittus by Orlande de Lassus, and an Anthem by Andrea Gabrieli. The sung Versicles and Responses are by William Smith, and Psalm 91 and Psalm 92 are chanted in the Anglican tradition to settings by Richard Woodward and George J Bennett respectively. The service concludes with one of Charles Wesley finest hymns, "Love divine, all loves excelling," accompanied on the majestic organ and in the glorious acoustics of St. James' Anglican Church.

NEW TEAM MEMBER

We are pleased to welcome Judy Kamotho as Building Maintenance Assistant. Judy will be working on Sunday and Monday mornings.

BIBLE STUDY SUMMER BREAK

Bible Study is on pause and will resume Wednesday, September 4. Enjoy your summer!

THE DAILY OFFICE

The Daily Office is said online via Zoom **Monday through Saturday at 9:00 am and 5:00 pm**. Join via Zoom app or by phone at 778-907-2071.

Zoom Meeting ID: 986 3976 8391

Zoom Passcode: 762469

FRIDAY NIGHT COMPLINE

You are invited to join this small but lively group of people, praying Compline together from the BCP. We meet at **9:00 pm Friday nights**. Bring your own book, or contact Mtr Amanda for the PDF order of service. Join via Zoom app or by phone at 778-907-2071.

Zoom Meeting ID: 272 505 973

Zoom Passcode: 688517

GIVING

Thank you to all those who are giving generously to St. James' in these difficult times. Your ongoing support is much appreciated. To donate online, please visit stjames.bc.ca/donate to make a one-time or monthly donation using Visa, Mastercard, American Express, Visa Debit, or PayPal. Regular givers are invited to set up a PAD/Credit Card payment. For info email envelope.secretary@stjames.bc.ca.

Lectionary

DATE	MORNING PRAYER 9:00 AM	DAILY MASS	EVENING PRAYER 5:00 PM
MON Aug 5 Feria	Ps 80; Jg 6:25-40; Acts 2:37-47	Jer 28:1-17; Ps 119:89-96; Mt 14:13-21	Ps 84; 1 Kgs 19:1-12; 2 Cor-3:1-9, 18
TUES Aug 6 Transfiguration of our Lord Jesus Christ	Ps 2, 24; Ex 24:12-18; 2 Cor 4:1-6	Dan 7:9-10, 13-14; Ps 99; 2 Pet 1:16-19; Lk 9:28-36	Ps 72; Dan 7:9-10, 13-14; Jn 12:27-36a
WED Aug 7 John Mason Neale, Priest, 1866	Ps 119:97-120; Jg 7:19-8:12; Acts 3:12-26	Jer 31:1-7; Ps 121; Mt 15:21-28	Ps 81, 82; 2 Sam 9:1-13; Jn 1:29-42
THUR Aug 8 St. Dominic, Priest, Founder of the Order of Preachers, 1221	Ps 145; Jg 8:22-35; Acts 4:1-12	Jer 31:31-34; Ps 51:11-18; Mt 16:13-23	Ps 85, 86; 2 Sam 11:1-27; Jn 1:43-51
FRI Aug 9 St. Teresa Benedicta of the Cross, Patron of Europe, Martyr, 1942	Ps 88; Jg 9:1-16, 19-21; Acts 4:13-31	Nah 1:15, 2:2, 3:1-3, 6-7; Ps 124; Mt 16:24-28	Ps 91, 92; 2 Sam 12:1-14; Jn 2:1-12
SAT Aug 10 St. Laurence, Deacon & Martyr at Rome, 258	Ps 87, 90; Jg 9:22-25, 50-57; Acts 4:32-5:11;	Hab 1:12-2:4; Ps 9:7-12; Mt 17:14-20	Ps 136; 2 Sam 12:15-31; Jn 2:13-25
SUN Aug 11 12 th Sunday After Pentecost	Ps 66, 67; Jg 11:1-11, 29-40; 2 Cor-11:21b-31	1 Kgs 19:4-8 Ps 34:1-8 Eph 4:25-5:2 Jn 6:35, 41-51	Ps 19, 46; 2 Sam 13:1-22; Mk 4:35-41

CLERGY

Priest in Charge: Mother Amanda Ruston: mtr.amanda@stjames.bc.ca

Non-Emergency #: 604-685-2532 xt 504 Emergency #:604-825-2379

Street Outreach: Father Matthew Johnson: matthew@streetoutreach.net

Non-Emergency #: 604-685-7522

Honorary Assistants: Father Neil Gray; Father Neil Fernyhough ;

The Reverend Joyce Locht, Deacon (ret'd); Sister Mary Christian Cross, Deacon (ret'd)

Clergy may be contacted through the Office: 604-685-2532

PARISH STAFF

Parish Administrator: Fiorella Mauro: Mon-Tues-Thurs-Fri: office@stjames.bc.ca

Organist & Choirmaster: Gerald Harder; Assistant Organist: PJ Janson

Music Series: musicseries@stjames.bc.ca

Building Manager: Darren Campbell: Tues-Sat: 7 am - noon, 778-839-4432

PARISH COUNCIL

Chair: Louisa Farrell

PARISH OFFICERS

Bishop's Warden: Reece Wrightman wardens@stjames.bc.ca

Warden: Peggy Smyth wardens@stjames.bc.ca

Warden: Leah Postman wardens@stjames.bc.ca

Trustees: Ross Hornby; Michelle Heshka; Joanna Lam

Treasurer: Andrew Campbell treasurer@stjames.bc.ca

Envelope Secretary: Wayne Sample envelope.secretary@stjames.bc.ca

Parish Privacy Officer & Vestry Clerk: Linda Adams

Archivist: Paul Stanwood



St. James' Anglican Church | Diocese of New Westminster |

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